

## Create natural products for daily cleansing rituals

By making your own self-care products you will reduce your environmental impact and avoid toxic chemicals.

Homemade products also make lovely gifts for loved ones.

You will be guided into hand-crafting soap, salt scrub, body butter, lip balm and toothpaste that you can take home.

All products are made from unprocessed, organic ingredients with nourishing properties and you will receive a recipe collection for later use.

You will also get useful tips for how to continue experimenting with future product creations and fine-tune the original recipes according to personal preference.



## Caroline Yazi | Holistic Life Coach

I offer inspiration and support for a holistic lifestyle to motivated individuals and groups.

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