

Holistic Living

with Caroline Yazi



Service Offer

Partner with me to promote a holistic lifestyle.



Yoga Classes

I teach taoist and yin yoga practices that open up and balance natural life force energy.



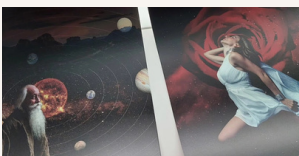
Mindfulness Trainings

I teach meditation practices that expand consciousness beyond the polarized mind.



Energy Healing Sessions

I support natural healing of the body, mind and soul with different energy healing practices.



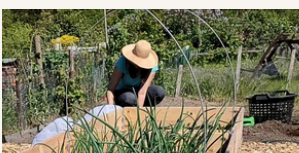
Expressive Art Workshops

I make inner wisdom and guidance visible through intuitive art practices.



Storytelling Seminars

I open up my audience to the deeper dimensions of life by sharing stories from my own life path.



Permaculture Workshops

I promote permaculture principles in the form of regenerative gardening, crafting and cooking.